



Protection for Babies

1. Get a pretty red apple and put it above the bed of the baby in a pretty bag. To be changed every week!
2. Get a new glass (never used before) with water and put under the bed just before the baby goes to bed.
3. Do the following prayer to the baby's guardian angel:

“Angel of God, my Guardian dear,
To whom God's love commits me here,
Ever this day be at my side
To light and guard, to rule and guide.

Now I lay me down to sleep,
I pray the Lord my soul to keep:
May God guard me through the night
And wake me with the morning light.
Amen.

The following day get the glass of water from under the baby's bed and empty it down the toilet bowl and wash the glass under running water.

